

# ANTHRO ANSWER WRITING and MENTORSHIP PROGRAM

**CRAFT YOUR ANSWER WRITING SKILLS**

**FOR CSE 2027**



by Dr. Sudhir Kumar

Starting from

20<sup>th</sup> July, 2026

Mode

Offline / Online

Fee

₹ 15,000 + GST

## WHO SHOULD JOIN ?

- ▶ Targeting **300+ marks** in Anthropology
- ▶ Enhancing your **answer writing skills**.
- ▶ Integrating conceptual clarity with **current affairs** and **value-addition**.
- ▶ **Consistency** in answer writing with
- ▶ **60 Days** of Practice followed by **BOOST TEST SERIES**

## Salient Features of the PROGRAM



### DAILY ANSWER WRITING + WEEKLY DISCUSSION

Writing 3 Questions Daily (Mon-Fri)  
Questions will be posted on Portal at 9:00 AM Daily



### FEEDBACK

Quality Evaluation Within  
72 Hours



### INCLUDES TESTS

2 Full Length Tests  
+ BOOST TEST SERIES (12+8)



### ONE-ONE MENTORSHIP

Gain From Expert Guidance to  
improve your answer writing skill



### INTENSIVE PYQs COVERAGE

Of Past 25 Years



### WEEKLY INTERACTION

Weekly Concept Class on **Monday** at 11.00 AM  
Weekly Discussion on **Friday** at 11.00 AM

### PHASE-I

60 Days Program + 2 FLTs

**₹15000** + GST

### PHASE-II

60 Days Program + 2 FLTs  
+ 12 Tests before prelims

**₹25000/-** + GST

### PHASE-III

60 Days Program + 2 FLTs  
+ 12 Tests before prelims  
+ 8 Tests before mains

**₹35000/-** + GST

# 60 DAYS PROGRAM + 2 FLTs

## DAILY ANSWER WRITING TOPICS

(3 Question per day)

Date	Day	Topic
20-July-2026	1	1.1 Meaning, Scope & Development of Anthropology 1.2 Relationship with Other Disciplines 1.3 Branches: Socio-Cultural, Biological, Archaeological, Linguistic"
21-July-2026	2	2.1.The Nature of Culture: The concept and Characteristics of culture and civilization;Ethnocentrism vis-a-vis cultural Relativism.
22-July-2026	3	2.2.The Nature of Society: Concept of Society; Society and Culture; Social Institution; Social groups; and social stratification.
23-July-2026	4	2.3.Marriage: Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Type of marriage (monogamy, polygamy, polyandry, group marriage). Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry).
24-July-2026	5	2.4. Family: Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession); Impact of urbanization, industrialization and feminist movements on family.
25-July-2026		REVISION
26-July-2026		REVISION
27-July-2026	6	2.5 Kinship: Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation;Decent and Alliance.
28-July-2026	7	3. Economic Organization: Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
29-July-2026	8	4. Political Organization and Social Control:Band, tribe, chiefdom, kingdom and state; conceptsof power, authority and legitimacy; social control, law and justice in simple Societies.
30-July-2026	9	5. Religion: Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals;
31-July-2026	10	5. Religion: forms of religion in tribal and peasant Societies (animism, animatism, fetishism, naturism and totemism); religion, magic and science distinguished; magico-religious functionaries (priest, shaman, medicine man,
1-Aug-2026		REVISION
2-Aug-2026		REVISION

Date	Day	Topic
3-Aug-2026	11	6. Anthropological theories: (a) Classical evolutionism (Tylor, Morgan and Frazer) (b) Historical particularism (Boas) Diffusionism (British, German and American)
4-Aug-2026	12	(c) Functionalism (Malinowski) Structural – Functionism (Radcliffe-Brown)
5-Aug-2026	13	(d) Structuralism (Levi-Strauss and E. Leach)
6-Aug-2026	14	(e) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora-du Bois)
7-Aug-2026	15	(f) Neo – evolutionism (Childe, White, Steward, Sahlins and Service) (g) Cultural materialism (Harris) (i) Cognitive theories (Tyler, Conklin)
8-Aug-2026		REVISION
9-Aug-2026		REVISION
10-Aug-2026	16	(h) Symbolic and interpretive theories (Turner, Schneider and Geertz) (j) Post-modernism in anthropology.
11-Aug-2026	17	7. Culture, Language and Communication: Nature, origin and characteristics of language; verbal and non-verbal communication; social context of language use.
12-Aug-2026	18	8. Research methods in Anthropology: (a) Fieldwork tradition in anthropology (b) Distinction between technique, method and methodology (c) Tools of data collection: observation, interview, schedules, questionnaire, case study, genealogy, life-history, oral history, secondary sources of information, participatory methods. (d) Analysis, interpretation and presentation of data.
13-Aug-2026	19	1.4. Human Evolution and emergence of Man: Biological and Cultural factors in human evolution.  Theories of Organic Evolution (Pre-Darwinian, Darwinian and Post-Darwinian).  Synthetic theory of evolution;  Brief outline of terms and concepts of evolutionary biology  (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
14-Aug-2026	20	9.1. Human Genetics: Methods and Application: Methods for study of genetic principles in man family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.
15-Aug-2026		REVISION
16-Aug-2026		REVISION

Date	Day	Topic
17-Aug-2026	21	<p>9.2 Mendelian genetics in man-family study, single factor, multifactor, lethal, sub-lethal and polygenic inheritance in man.</p> <p>9.3. Concept of genetic polymorphism and selection, Mendelian population, Hardy-Weinberg law; causes and changes which bring down frequency-mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages. “</p>
18-Aug-2026	22	<p>9.4. Chromosomes and chromosomal aberrations in man, methodology. (a) Numerical and structural aberrations (disorders). (b) Sex chromosomal aberration- Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (c) Autosomal aberrations- Down syndrome, Patau, Edward and Cri-du-chat syndromes. (d) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.</p> <p>9.5. Race and racism, biological basis of morphological variation of non-metric and characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man.”</p>
19-Aug-2026	23	<p>9.6 Age, sex and population variation as genetic marker: ABO, Rh blood groups, HLA Hp, transferrin, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socio-economic groups.</p>
20-Aug-2026	24	<p>9.7. Concepts and methods of Ecological Anthropology: Bio-cultural Adaptations – Genetic and Non-genetic factors. Man’s physiological responses to environmental stresses: hot desert, cold, high-altitude climate. 9.8. Epidemiological Anthropology: Health and disease. Infectious and non-infectious diseases, Nutritional deficiency related diseases.</p>
21-Aug-2026	25	<p>10. Concept of human growth and Development: Stages of growth – pre-natal, natal, infant, childhood, adolescence, maturity, senescence. – Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. – Ageing and senescence. Theories and observations – biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.</p>
22-Aug-2026		REVISION
23-Aug-2026		REVISION
24-Aug-2026	26	<p>11.1. Relevance of menarche, menopause and other bio events to fertility. Fertility patterns and differentials. 11.2. Demographic theories-biological, social and cultural. 11.3. Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.</p>

Date	Day	Topic
25-Aug-2026	27	12. Applications of Anthropology: Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics – Paternity diagnosis, genetic counselling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
26-Aug-2026	28	1.5.Characteristics of Primates: Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications.
27-Aug-2026	29	1.6. Phylogenetic status, characteristics and geographical distribution of the following: Plio-preleistocene hominids in South and East Africa – Australopithecines. Homo erectus: Africa (Paranthropus), Europe (Homo erectus (heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis).
28-Aug-2026	30	Neanderthal man – La-chapelle-aux-saints (Classical type), Mt. Carmel (Progressive type). Rhodesian man. Homo sapiens – Cromagnon, Grimaldi and Chancelade.
29-Aug-2026		REVISION
30-Aug-2026		REVISION
31-Aug-2026	31	Paper-2 : 1.2. Palaeo – Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada Man)
1-Sep-2026	32	Paper 2-1.8. (a) Principles of Prehistoric Archaeology. Chronology: Relative and Absolute Dating methods.  Paper 2- 1.3. Ethno-archaeology in India: The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral and peasant communities including arts and crafts producing communities.
2-Sep-2026	33	Paper 1 -1.8 {b} & paper 2-1.1 Cultural Evolution – Broad Outlines of Prehistoric cultures - paleolithic
3-Sep-2026	34	Paper 1 -1.8 {b} & paper 2-1.1 Cultural Evolution – Broad Outlines of Prehistoric cultures Mesolithic Neolithic and Neolithic-Chalcolithic
4-Sep-2026	35	Chalcolithic Pre-Harappan, Harappan and post Harappan cultures. Copper-Bronze age Iron Age
5-Sep-2026		REVISION
6-Sep-2026		<b>FULL LENGTH TEST PAPER -1</b>

Date	Day	Topic
7-Sep-2026	36	2. Demographic profile of India – Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure and growth.
8-Sep-2026	37	3.1. The structure and nature of traditional Indian social system – Varnashram, Purushartha, Karma, Rina and Rebirth.
9-Sep-2026	38	3.2. Caste system in India – Structure and characteristics Varna and caste, Theories of origin of caste system, Dominant caste,
10-Sep-2026	39	Caste mobility, Future of caste system, Jajmani system. Tribe-case continuum.
11-Sep-2026	40	3.3. Sacred Complex and Nature-Man-Spirit Complex. 3.4. Impact of Buddhism, Jainism, Islam and Christianity of Indian society.”
12-Sep-2026		REVISION
13-Sep-2026		REVISION
14-Sep-2026	41	4. Emergence, growth and development in India – Contributions of the 18th, 19th and early 20th Century scholar-administrators.
15-Sep-2026	42	Contributions of Indian anthropologists to tribal and caste studies.
16-Sep-2026	43	5.1 Indian Village – Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations.
17-Sep-2026	44	Agrarian relations in Indian villages; Impact of globalization on Indian villages.
18-Sep-2026	45	5.2 Linguistic and religious minorities and their social, political and economic status.
19-Sep-2026		REVISION
20-Sep-2026		REVISION
21-Sep-2026	46	5.3 Indigenous and exogenous processes of socio-cultural change in Indian society: Sanskritization, Westernization, Modernization;
22-Sep-2026	47	5.3 Inter-play of little and great traditions; Panchayati Raj and social change; Media and Social change.
23-Sep-2026	48	6.1. Tribal situation in India – Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution.
24-Sep-2026	49	6.2. Problems of the tribal Communities – Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition

Date	Day	Topic
25-Sep-2026	50	6.3 Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialization on tribal populations.
26-Sep-2026		REVISION
27-Sep-2026		REVISION
28-Sep-2026	51	6.3 Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialization on tribal populations.
29-Sep-2026	52	7.1 Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes.
30-Sep-2026	53	7.2 Social change and contemporary tribal societies: Impact of modern democratic institutions, development programmes and welfare measures on tribals and weaker sections.
1-Oct-2026	54	7.3 The concept of ethnicity
2-Oct-2026	55	Ethnic Conflicts and political developments: unrest among tribal communities
3-Oct-2026		REVISION
4-Oct-2026		REVISION
5-Oct-2026	56	Regionalism and demand for autonomy; Pseudo-tribalism. Social change among the tribes during colonial and post-Independent India.
6-Oct-2026	57	8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies. 8.2 Tribe and nation state – a comparative study of tribal communities in India and other countries.
7-Oct-2026	58	9.1 History of administration of tribal areas, tribal policies, plans, programmes of tribal development and their implementation.
8-Oct-2026	59	The concept of PTGs (Primitive Tribal Groups), their distribution, special programmes for their development. Role of N.G.O.s in tribal development.
9-Oct-2026	60	9.2 Role of anthropology in tribal and rural development. 9.3 Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements.”
10-Oct-2026		REVISION
<b>11-Oct-2026</b>		<b>FULL LENGTH TEST PAPER - 2</b>

# BOOSTER TEST SERIES

## (Before Prelims 2027)

- B**asics: Strengthen your knowledge through concept-driven preparation.
- O**rganized Practice: Solve curated test questions reflecting UPSC standards.
- O**bjective Evaluation: Receive in-depth feedback to identify strengths and weaknesses.
- S**trategic Learning: Master effective answer-writing techniques.
- T**op-notch Quality: Experience high-quality tests to simulate the actual exam environment.

Test Number	Syllabus
1.	1.1, 1.2, 1.3, 2.1, 2.2, 2.3, 2.4, 2.5, 3, 4, 5
2	6, 7, 8
3	Test 1 + Test 2
4	1.4, 1.7, 9.1, 9.2, 9.3, 9.4
5	9.5, 9.6, 9.7, 9.8, 10, 11.1, 11.2, 11.3, 12
6	1.5, 1.6, 1.2, 1.8 (a) and (b), 1.1, 1.3
7	Test 4 + Test 5 + Test 6
8	2, 3.1, 3.2, 3.3, 3.4, 4, 5.1, 5.2, 5.3
9	6.1, 6.2, 6.3, 7.1, 7.2, 7.3, 8.1, 8.2, 9.1, 9.2, 9.3
10	Test 8 + Test 9
11	Full Length Paper 1
12	Full Length Paper 2

# BOOSTER TEST SERIES

## (After Prelims 2027)

### 4 Sectional + 4 Full Length

(It will start in first week of June, schedule will be shared near to Prelims 2027)

A strategically designed, result-oriented program by **Dr. Sudhir Kumar** offering holistic guidance, content enrichment, and focused answer writing practice. Come and learn the craft of effective answer writing skills to score 300+ in Anthropology Optional.

for more information:

 **8081300200**