

ESSAY-Test 4 निबन्ध-परिक्षा 4 CSE 2024

कार्यालय के प्रयोग हेतु
For Office Use

निर्धारित समय: तीन घंटे
Time Allowed: Three Hours

अधिकतम अंक: 250
Maximum Marks: 250

General Instructions

This question-cum-Answer (QCA) Booklet contains 32 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Two blank pages (Page Nos. 31-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages, etc. If so, get it replaced with a fresh QCA Booklet.

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू० सी० ए०) पुस्तिका में 32 पृष्ठ हैं। प्रश्न-पत्र क्यू० सी० ए० पुस्तिका के अन्त में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ़ कार्य के लिए दो खाली पृष्ठ (पृष्ठ सं० 31-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जाँच कर लें कि इस क्यू० सी० ए० पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू० सी० ए० पुस्तिका प्राप्त कर लें।

(To be filled by candidate)

All fields mandatory

(Inaccurate/Incomplete information may lead to delay in the evaluation process)

Name of Candidate : Dichant. A. Nisar

Next IAS Roll No. : Phone No. :

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Test Code → TC- _____ Date of Examination : 23/8/24

Exam Centre : Old Rajinder Nagar Jaipur Prayagraj Online

Next IAS ID: GSMACT24A168, TC064, 23-08-2024 03:46 PM

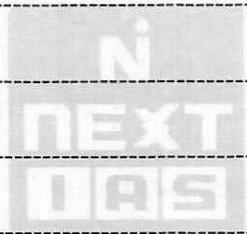
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Invigilator's Signature



Student's Queries for the Evaluator (if any write them below)

Evaluator's response



प्राप्तांक के विवरण (परीक्षक द्वारा भरा जाए)/Marks Details [To be filled by the Examiner(s)]

	निबन्ध विषय सं० Essay Topic No.	अंक Marks	
खण्ड-A Section-A			
खण्ड-B Section-B			
सकल योग/Grand Total			

Your performance vis-a-vis other examinees-

Front Runner	Achiever	Aspirant

EVALUATOR'S FEEDBACK: ESSAY SECTION-A

Parameters	<i>Exemplary</i>	<i>Good</i>	<i>Average</i>	<i>Needs Improvement</i>
Understanding				
Coherence				
Lucidity				
Structuring				
Presentation				



EVALUATOR'S FEEDBACK: ESSAY SECTION-B

Parameters	<i>Exemplary</i>	<i>Good</i>	<i>Average</i>	<i>Needs Improvement</i>
Understanding				
Coherence				
Lucidity				
Structuring				
Presentation				

Next IAS ID: GSMACT24A1688, TC064, 23-08-2024 03:46 PM



खण्ड-A / Section-A

- Q.1 Environmental pollution is an incurable disease, it can only be prevented.
पर्यावरण प्रदूषण एक लाइलाज बीमारी है, इसे केवल रोका जा सकता है।
- Q.2 The law has no compassion and justice is administered without compassion.
कानून में करुणा नहीं होती है और न्याय बिना करुणा के किया जाता है।
- Q.3 The love of one's country is a splendid thing but why should love stop at the border?
अपने देश के प्रति प्रेम एक शानदार बात है लेकिन सीमा पर प्रेम क्यों रुक जाना चाहिए?
- Q.4 He profits most who serves best.
जो सर्वोत्तम सेवा देता है, उसे सर्वाधिक लाभ प्राप्त होता है।

3. The love of one's country is a splendid thing but why should love stop at the border?

'I have applied at three companies, let's see if I get selected.' one friend said to another while sipping tea at a stall. 'I am waiting for the NET JRF results. This time I am sure I will get in.' the other friend said. They continued discussing about routines, life in general, the Kolkata rape case, Udaipur riots,

The bad state of infrastructure in monsoon, unemployment etc. It was something that most eager youth do, with eyes full of hope, hearts full of energy and yet a slight pessimism and criticism in their tone.

A middle aged uncle was overhearing their conversation and thought it wise to preach the youth about the importance of 'Kartavya' (duty), Rashtraprem (love for nation) etc. The debate started between them and the uncle's argument of 'Siachen mein humare Jawan ladd rahi hai' (Our soldiers are fighting at the borders) was the rhetoric he kept coming back to. He equated his love for the nation by protecting the sanctity of borders, comparing us with our neighbours and being grateful.

Throughout the conversation, the youth got to know that the uncle has two kids abroad, well settled and he doesn't want them to come back for he realises the poor state of affairs here. While sipping his tea, he had spit his pan masala on the road, gave a derogatory slur to the tea seller for not putting the right amount of sugar and talked about how he made a fortune by diverting rationing goods of fair price shops.

And yet he loved his nation for its borders and protection. This narration is something most of us have witnessed in some form ^{or} of another. Not just in India, but in most parts of the world, our love for our nation often gets limited to the borders. We

are proud of being citizens, yes. We do appreciate the life we lead. And yet our love neither travels outward or inwards.

By outwards, we mean love for our nation taking a holistic stand where we represent it to the world. We stand up for our country and through our actions, our thoughts display that we are citizens of a glorious nation. Swami Vivekananda did that with 'Brothers and sisters' at the World Parliament of religions. His love and respect for our nation went beyond the borders.

Most of us as citizens aspire to represent our country at some global stage. But in that there is an inherent sense of

'self glory' that often becomes the cause of not reaching far towards success. True love for the nation is working despite the shortcomings and limitations of our nation's strength. Jefferson rightly said, "Ask not what your country can do for you, but what you can do for your country." Jesse Owens winning golds in Berlin Olympics despite racism was to change his country, and it came from a place of deep love for his country. He made even Hitler nervous!

We see that nationalism is represented in the true sense by going beyond borders. It is manifested in our culture and the way we behave. Indian Peacekeepers are said to be the most professional in the world. This comes from

a sense of responsibility, duty and a drive to portray our nation in the best light. The lesson here for us common citizens is to behave well when we are abroad. It is these simple things that make a huge difference. There are instances of Indian tourists causing nuisance and that does not represent love for our nation. We must learn to be disciplined, display our "Atithi Devo Bhav" spirit as well when others come here.

Another important direction where love for the nation should flow is inwards. i.e. within the borders. How we stay inside, treat our fellow citizens, work for progress and contribute to the best of our ability represents our nationalistic ethos. This requires cultivating 'Civic sense'

समीक्षकों को इस भाग में लिखना नहीं है।
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first. The example of Japan or European nations serve us as a reminder of how by 'keeping our own home tidy, do we spread the fragrance and attract others'

Further there must be a constant zeal of improvement. Fostering a culture of respect and support for those that innovate, aspire takes a nation to great heights. Vietnam followed it after the war and today it has a rising economy. Our competition should be with the world and 'pulling the legs of our own fellows' is not a sign of love for nation. Hence, we must create the space for youth and enterprising to rise and showcase their talent. We need more Sachin Bansal (Flipkart), Bhanish Aggrawal (Oyo) and Nisaba (Godrej).

Speaking out against the injustices is perhaps the most important aspect of loving a country. We raise our voices against those that are wrong, immoral and causing harm to our nation. A brave Satyendranath Dubey - whistleblower who lost his life or investigative journalists like Chitra Subramaniam who exposed Bofors Scandal or Anuna Roy and Anna Hazare who led movements against the state for information and transparency represents the highest form of 'Deshbhakti'. Being fearless, facing the mighty and powerful and yet not backing down only for creating a better space for citizens and future generations is necessary to take a nation forward.

But that doesn't just mean that all of us take up whistleblowing or go on

strikes! The next time someone throws
garbage on the streets or spits or
 if you find a police officer taking bribe
 - and you call out these instances and
rise against them is what is the true
 sign of nationalism. 'mera hya, mujhe hya'
 (what's in it for me) attitude is a cause
 of downfall and exploitation for most
 nations and must be avoided. You
speak, because you care. We must
 show concern for it is our homeland.
 No one else will do it for us!

So having seen the directions that
 nationalism requires, we must also learn
to inculcate that. However, before knowing
 that another important aspect worth noting
 is that when love for nation showed
 not stop at border, why is it that we
 still stop at the borders! The answer is

That we all want to evade
responsibility. We want to be known to
love our country. But we are afraid of
taking steps. This fear is what drags us
down and to remove that fear is
what Vajpayeeji has said in his
famous poem. He tells us not to give up
in the face of uncertainty and true love
for nation comes by rising up to the
occasion!

Also, when the need might come,
although we must wish it does not, we
must be ready to go to the borders and
fight! Giving our lives for our motherland
is indeed noble. And there is no higher
glory or satisfaction. We can also promote
our fellow youth and our kids to
become Agniveers - that would fulfill both

conditions of serving at the borders!
and post that becoming a good citizen
and serving within!

Today is an era of social media,
everyone wants to be nationalistic online,
share a post, forward on whatsapp and
keep the tricolor as display picture. But
to really love our country, we must
all adhere to our preamble and constitution.
Work to fulfil the fundamental duties
everyday.

Love for our nation does not
come from watching the movie 'Swadeshi'
but it comes from the sacrifices we
make, the discipline we have and the
courage to speak where it matters.

The ones at positions of power must
also know that it is in the humility,
working for the vulnerables and ensuring

each get their opportunity and due that represents how we as a nation will grow forward.

To sum up, APJ Abdul Kalam in his book 'Ignited Minds' rightly mentions what real love for the nation is and gives a message to the youth.

'As a young citizen of India, armed with technology, knowledge and love for our nation, realise that

"Small aim is a crime"

We must keep the 'lamp of knowledge burning' to achieve the vision, 'developed India'

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खण्ड-B / Section-B

- Q.5 Imagination is more important than knowledge.
कल्पना ज्ञान से अधिक महत्वपूर्ण है।
- Q.6 The best way to predict your future is to create it.
अपने भविष्य की भविष्यवाणी करने का सबसे अच्छा तरीका उसका निर्माण करना है।
- Q.7 What you learn from a life in science is the vastness of our ignorance.
विज्ञान से जीवन में आप जो सीखते हैं वह है हमारी अज्ञानता की विशालता।
- Q.8 Social media is more about psychology than technology.
सोशल मीडिया, प्रौद्योगिकी से अधिक मनोविज्ञान के बारे में है।

Q8. Social media is more about
psychology than technology.

"My phone shines bright,
As I scroll at night
Someone from Silicon valley collects my data,
with all his might
I keep searching for something,
to keep my brain light.

But I don't ever feel happy,
I wonder if it's right "

As I write this and as you

read this, our phones might be in silent but they would have buzzed and got some notifications. Both of us would have an urge to check our phones as soon as we finish this. There might be nothing worth while, no important messages, but it would just be the thrill of opening the phone everytime thinking of the endless possibilities and content that device in our hand holds.

It is such a remarkable feat that we technically hold the universe in our hand. One small device to access any and everything. And within that social media - to communicate with anyone, anytime, anywhere. And at no cost! But as we are slowly hooked to getting to know everything about the

world from social media, and also living an alternate life by presenting parts of ourself selectively, we must understand what social media is about.

It is a technology, yes. It employs complex codes, networks, algorithms, design interfaces etc. But even a website or a computer does that. We are not addicted to them, are we?

We are however addicted to social media as it is about psychology. It has its manifestations in human psychology - how we think, behave and act. What motivates us, stimulates us.

Social media creators employ coders and designers, but they employ psychologists to create such a complex algorithm that

mimics human behaviour and shows us content that we are in need of and that shapes us. While we explore this in detail, it is necessary to understand the genesis of social media and its creative use of psychology.

'From The Facebook to Facebook'

It was perhaps in early 2000s after the stabilization of world wide web and dot com companies that social media networks came to be developed. Web 2.0 that allowed interweb communication and data sharing made it possible. Email of Google, Yahoo and MSN came which was followed by 'Orkut'

However, Facebook created by Mark Zuckerberg and Eduardo in Harvard was a

tipping point that changed the world of communication. It was initially named as 'The Facebook' until Peter Thiel, another innovator asked Zuckerberg to drop the 'The'. This also had roots in psychology! He explained how people like something catchy, memorable and aesthetic. People do not have to see social media as a tool but as an extension of their life. This led to a journey of creativity, marketing and psychology which has deeper manifestations two decades later.

Today there are multiple social media applications - Instagram and Youtube are extremely popular. Both have ventured into audio-visual with Youtube dominating long duration content while Instagram in the 'reels' - short duration

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Something 'TikTok' - a Chinese Company first brought into market. Further Twitter (now known as X!) represents the text dominance and is a popular medium for self expression, dissent and news. LinkedIn is for business community and Tinder is to find love! We have multiple options of social media and most have presence in more than one!

'The Dopamine Hack'

Psychology dictates that humans are 'pleasure seeking creatures', meaning seeking 'creatures'. The combination of psychology and biology shows how various hormones are secreted when we feel happy like serotonin and dopamine. Social media algorithms have mastered the manipulation of dopamine. The algorithm is created in

Such a way that as you scroll, the app through cookies (remembers your activities) shows you similar content based on the time span that you spent on it.

Further this gets manifested in other applications. Watching a reel on Jogging and exercise on youtube would show you an advertisement about Nike's new shoes or a local gym near you on Facebook or Twitter. Social media companies have ~~manifested~~ utilized this psychology back for one simple purpose - Advertisement Revenue.

As it is famously said, 'There is no free lunch'. And when something is for free - you are the product! In social media, we users are the products - our

~~Something~~ likes, dislikes, thought patterns are shared with MNCs to understand consumer behaviour, create related products as well as targeted advertisements.

Its use has been documented in electoral manipulation - as seen in Cambridge analytica scandal and also allegations of Chinese meddling in USA elections. Further the creation of 'echo-chamber effect' by social media where our thoughts are reinforced by repetitive exposure to such content is also the case of using psychology for exploitative means. There are allegations of governments using this to monitor citizen's activities, push propoganda and shape behaviour. Something George Orwell in '1984' called as 'Thought police', 'Speech crime' and 'Bigbrother watching'.

Frances Haugen, the whistleblower who exposed the algorithmic practices of Facebook showed how communal, racial violence was perpetrated by the algorithms and despite having knowledge, they refused to change them - all for narrow capital gains.

"We have more content - but we are less content"

Despite the endless scrolling and the huge amount of content - we do not yet feel happy is something most of us complain. Does that indicate a failure of social media companies spending of millions in shaping and understanding psychology to create apps? Partially yes. However the market is disruptive and they are innovative. They have created an 'Attention

economy' and they want to 'distract us from distractions by using more distractions' With new forms like Metaverse - combination of Augmented and Virtual reality with human involvement in social media - they are using psychology further to create immersive experiences to stimulate and retain our attention further.

While it is true that boredom comes easily, yet by chasing that high of dopamine we use social media again and that is enough for them to raise revenue and innovate further. Catering to multiple age groups - these companies are spreading out into domains of gaming, support partners, interactive studies etc. All employing human elements of thought cognition and biology. This is

Something Sigmund Freud or Alan Watts might not even have thought of!

'Digital Nirvana'

So as individuals, where do we go from here to preserve our sanctity, mental health as we know ~~it~~ that we are 'lab experiments' for social media?

We need to firmly detach from social media and be self aware of our use. App timers and locks are one way of doing it and effective. We must use technology to counter technology! Then

we must go for 'Digital Detox' i.e. limiting our use to an extent that we no longer feel addicted to social media. This requires cultivating external hobbies

and real life interactions to be meaningful. Perhaps clubs, support groups can be formed.

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Also, nations must keep a check on these tactics of companies that harm society through algorithms. European Union's policy of content moderation, transparency and competitive practices can be adopted and companies must be made accountable.

We must realize that social media as a tool has indeed brought us closer to the world and with our friends and families. It is helping us channelizing our creative energies, but like all technology and good things, it requires restraint!

And as humans we must learn that balance for our own good. Let us all learn that to use this for our own spiritual and mental development. We can now both check our phones and social media.

 There might be a notification!

Space for Rough Work

The love of one's country is a splendid thing but why should love stop at the border? ?

I Unpopular
 2 Tea shop → Students discussing → issues.
Stachen mein humare Jawan lad rabe hai.....
 Uncle replied with with confidence.
 But uncle Tax chori
hate at foreign nations.
 Saying that he spit his par masala
 Called me chai wala derogatory cast of slur.

PT
 B →
 S
 J

M
 R
 S
 P
 E
 E
 C
 H
 L
 I
 Z
 T
 W.

B
 a) Love stopping at border - 'Relative'
 ↳ Idea
 ↳ Swading Responsibility → Durki zork.
 Respect → for soldiers.
 Hatred for others.

Global - US
 Love so look
 within also?
 a)

2 No Beyond the border → Extremist - Allow all arms
 ↳ Leftist - Vishwanath + Culture
 ↳ Olympic - MamBhakar, Nery Chopra
 ↳ Tech - Vishwanath, Pregnatha
 ↳ Start up for it
 ↳ Swadesh movie - Janorate
 ↳ Work in India

3 Why imp -
 a) Sp within the border → conscience
 ↳ Duties (FD) samjho...
 ↳ speaking out when against what's wrong → Journalists / rebelka
 ↳ Chika Subraman
 ↳ @ Bopon
 ↳ me?
 ↳ Jiaram square.
 ↳ Vilvaram
 ↳ Malala.
 ↳ Agriwells → Vihann
 ↳ Batra
 ↳ did
 ↳ Finally it need arise, go to the border as well.
 ↳ Love for fellow citizens.
 ↳ Today - everyone wants to be nationalistic, but they don't understand the true meaning.

2 How to increase.

C

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Kalam - As a young citizen

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Space for Rough Work

Social media is more about psychology than technology.

I At 7 scroll at night, my phone shines bright. ready for sunset, that night keep my brain light
 2 dont ever feel happy, 2 wonder if that is what
 as someone in silicon valley collect my data with all their night.

light
night
light

M
B
S

M
S
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T
P

2 Social media -

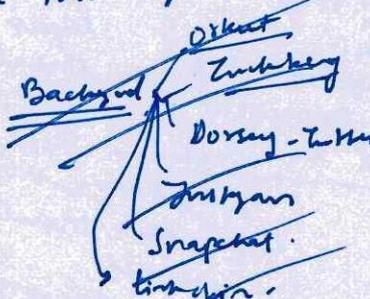
Psychology

↳ Algorithm

↳ Dopamine

↳ Addicted - Frances Haugen

↳ Distracted from others by distraction.



Technical level.

What do they want

↳ Ad revenue

↳ In world of content, less content.

↳ Hooked - spend time

↳ Growth between - Sponsored ads.

me?

King psychology.
manipulators

where do we go from here?

↳ Cos - EU legislation

↳ detox

↳ Real life.

No free lunch.

What we consume

Concl.

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