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anupohar-2025

ESSAY-Test
निबन्ध-परीक्षा
CSE 2025

निर्धारित समय: तीन घंटे
Time Allowed: Three Hours

कार्यालय के प्रयोग हेतु
For Office Use

JATF

अधिकतम अंक: 250
Maximum Marks: 250

General Instructions

This question-cum-Answer (QCA) Booklet contains 32 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Two blank pages (Page Nos. 31-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages, etc. If so, get it replaced with a fresh QCA Booklet.

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू० सी० ए०) पुस्तिका में 32 पृष्ठ हैं। प्रश्न-पत्र क्यू० सी० ए० पुस्तिका के अन्त में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए दो खाली पृष्ठ (पृष्ठ सं० 31-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जाँच कर लें कि इस क्यू० सी० ए० पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू० सी० ए० पुस्तिका प्राप्त कर लें।

(To be filled by candidate)

All fields mandatory

(Inaccurate/Incomplete information may lead to delay in the evaluation process)

Name of Candidate : ASTHA JADN

Next IAS Roll No. : ANM259001324 Phone No. :

Test Code → TC- A 0 5 Date of Examination : 11/08/2025

Exam Centre : Old Rajinder Nagar Jaipur Prayagraj Online

निरीक्षक के हस्ताक्षर
Invigilator's Signature

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Student's Queries for the Evaluator (if any write them below)

Evaluator's response



प्राप्तांक के विवरण (परीक्षक द्वारा भरा जाए)/Marks Details [To be filled by the Examiner(s)]

| | निबन्ध विषय सं० Essay Topic No. | अंक Marks | |
|---------------------|------------------------------------|--------------|--|
| खण्ड-A Section-A | | | |
| खण्ड-B Section-B | | | |
| सकल योग/Grand Total | | | |

Your performance vis-a-vis other examinees-

| Front Runner | Achiever | Aspirant |
|--------------|----------|----------|
| | | |

EVALUATOR'S FEEDBACK: ESSAY SECTION-A

| Parameters | <i>Exemplary</i> | <i>Good</i> | <i>Average</i> | <i>Needs Improvement</i> |
|---------------|------------------|-------------|----------------|--------------------------|
| Understanding | | | | |
| Coherence | | | | |
| Lucidity | | | | |
| Structuring | | | | |
| Presentation | | | | |



EVALUATOR'S FEEDBACK: ESSAY SECTION-B

| Parameters | <i>Exemplary</i> | <i>Good</i> | <i>Average</i> | <i>Needs Improvement</i> |
|----------------------|-------------------------|--------------------|-----------------------|---------------------------------|
| Understanding | | | | |
| Coherence | | | | |
| Lucidity | | | | |
| Structuring | | | | |
| Presentation | | | | |



खण्ड-A / Section-A

- Q.1 Righteousness is the foundation stone of peace and good governance.
धर्मनिष्ठा ही शांति और सुशासन की आधारशिला है।
- Q.2 Multilateral Organisations today have no teeth to bite, if they do, they don't bite.
आज के बहुपक्षीय संगठन निष्प्रभावी हो चुके हैं - जिनमें सामर्थ्य है भी, वे उसका उपयोग नहीं करते।
- Q.3 Economic growth without investment in human development is unsustainable and unethical.
मानव विकास में निवेश के बिना आर्थिक वृद्धि अस्थायी और अनैतिक है।
- Q.4 Urbanisation without planning is a disaster in slow motion.
नियोजन के बिना नगरीकरण धीमी गति से आने वाली एक आपदा है।

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Urbanisation without planning is
a disaster in slow motion

Riya, a first standard student, dreamt
of becoming Airforce commander to
fly high in sky just like a bird.
Being first child of her family
to receive education, her father
supported her studies through hard
earned money by working at
road side mechanics job.

One fine morning, she woke up with drops of water from hole in ~~roof~~ roof greeted morning to her. It was raining heavily and did not have cemented house as she lived in Dharami. She is excited to go to school and as school bus arrived, she went to school.

Rain continuously poured the whole city with water. The weather got bad so much so that school had to drop back the students to home. Everyone else reach home, but unfortunately Riya could not. Her home was washed away by

heavy downpours just like a brush washes away colours of drop fell on canvas.

Riya with losing everything she had left with no choice but to leave school so that she with her family can build a shelter once again. Who is to blame for this sorry state of Riya?

Is it Indra Dew responsible for heavy rain or a warmade disaster as a result of unplanned growth of urban areas leading to dilapidated conditions of Dharavi?

Above story shows the implications of unchecked and unplanned growth resulting in ~~most~~ disasters. Urbanisation isn't only development of infrastructure like grand skyscrapers, markets and connectivity.

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In fact urbanisation has much more deeper meaning, it is a way of life providing opportunities for good education and health facilities aimed at increasing standard of living.

Planning provides direction to actions. Actions driven without planning cause chaos and defeat of purpose even if intention was grand. Thus shows importance of planned approach towards urbanisation.

The growth of urban areas is often attributed to fall of modernity on earth.

However, urban areas represent a perfect paradox of growth of

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Islands of prosperity within oceans of poverty. with visible developed buildings and posh areas residing side by side to slums like Shawmi.

Unplanned growth of cities is manifested in problems like traffic congestion where people spend hours waiting for clearing of queue.

Rising pollution levels indicating high concentrations of particulate matter leading to effects like urban heat island makes cities unfit for sustainable life. Absence of green spaces with unchecked deforestation and concretisation makes it mere

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vulnerable to climate change impacts.

Unplanned growth led to lack of adaptation and mitigation facilities to cope up with environmental hazards. Chennai with mismanagement of dams during heavy rainfall and improper sewage system became Dwarka - flooded city! for a moment.

Uneconomic development of cities with high building without roots lead to its vulnerability to many hazards which is not visible daily but may cause unimaginable loss in future. A case in point

is Delhi. Being situated in high system a seismic zone, instead of

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focusing on developing structural measures like earthquake proof buildings and codes, its focus on reactive approach to disaster once it occurred.

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Other manifestation of ~~po~~ lack of planning is skewed social and human development indicators.

lack of education access, widespread poverty, slum proliferation and huge burden of non-communicable and communicable disease shows grim picture perpetuating culture of poverty.

While people from nearby rural areas migrate for better standard of living, they eventually end up in worst living conditions exacerbated by ideologies like

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son. of rail policy and thus targeted killing and discrimination towards migrants.

Unplanned growth with increasing inequalities and lack of value development in urban areas led to development of parochial interest. While urbanisation promised anonymity and rising individualism used to channelise potential into opportunities,

in reality faults of unequal development led to cities as hotbed of communal conflicts as seen in Gujarat riots 2002, Muzaffar nagar riots 2018.

Moreover, structural inequalities exist in intersectionality where women suffer the most - damaging

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their self esteem and safety concerns leading to moving in invisibility from public space.

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As the world moves towards modernity, growth of urban areas in inheritable but promising quality change is possible with planned

growth. Most powerful lesson and reminder to inspire us is growth of Indus Valley civilisation. The

civilisation thrived on planning architecture with fortified settlements, standardised bricks and sanitised

cities. Making us think curiously even now about its planned structure existence years back.

Further, success of sustainable cities like Indore being topp performer in cleanliness is result of planned and responsive government of the day.

Drives for overall development with decreasing inequalities, providing human development with growth of education and health infrastructure -

has hope for better standard of living in urban likes to lead a meaningful life.

Further, climate change action plans for tackling with climate induced disasters can make urban areas future ready.

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Along with planning, action with coordinated response is needed to transform a 'plan' into reality.

Cooperation of people living in cities to show civic sense towards responsible consumption and inclusive value sets to allow everyone to enjoy fruit of development.

Awareness drives towards environmental sustainability and gender justice along with small life change like lifestyle for environment (Mission Life) can truly make cities - abode of opportunities. making them bloodstream carrier of development.

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खण्ड-B / Section-B

- Q.5 Advancement and diffusion of Knowledge is the only guardian of liberty.
ज्ञान का विकास और प्रसार ही स्वतंत्रता का एकमात्र संरक्षक है।
- Q.6 The most terrible poverty is loneliness and the feeling of being unloved.
सबसे भयंकर गरीबी अकेलेपन और उपेक्षित होने की भावना है।
- Q.7 That which does not kill us makes us stronger.
जो हमें मारता नहीं, वह हमें और मजबूत बनाता है।
- Q.8 Be less curious about people and more curious about ideas.
व्यक्तियों के प्रति कम और विचारों के प्रति अधिक उत्सुक रहिए।

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6. The most terrible poverty is
loneliness and the feeling of being unloved

With news surfacing the death
of Sushant Singh Rajput shock the
nation to the core. A brilliant
actor who himself rose from
simple lower middle class family
to becoming Bollywood icon. Lost
his life by committing suicide.
He had everything, a smart
house, money even flat on moon!

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But was deprived of love, care and sense of belongingness towards world and life. Poverty of love is thus most terrible making life out of body.

Human beings are social animal. They build relationships to find meaning in life. As argued by Yuval Noah Harari, despite having most anatomy in animal kingdom, human survive because of their ability to forge relationship.

When human being naturally build for developing emotions and cooperation together with other human are deprived of it, resulting in loneliness.

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Loneliness is being deprived of love, companionship and even distancing oneself from itself. Implications of this is far reaching on overall development of human life.

With increasing need of times and strive for performing better according to materialistic view, a student preparing for NEET in Kota or working professional living alone in apartment lead a life full of uncertainty. Relentless pursuit of so called 'success' in terms of good grades and more wealth make them lose meaning in life. They focus on end rather than enjoying process leading to several

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suicides.

With rise of individualism and focus on self interest rather than collective one make one alone even in crowded places.

For example, a family with both working parent parents outsourcing childcare to professional nannies leads to low emotional development of child and detached growth making him more vulnerable to chances of being unheard and unloved.

Another reason for poverty of love is increasing penetration of social media creating Fear of Missing out - FOMO among youth.

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As it matters more that how many likes one received on social media, external validation could not give self esteem and power which our own self give to ourselves.

Being loved means being heard, being valued and treated with care and patience. Materialistic world of today doesn't value such attributes instead focus on acquiring wealth at expense of loss of emotional deep bonds. Increasing use of AI in life with robots as companions could not solve issues of emotional detachment. As how can we expect emotionless machines to understand

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one's emotions? This results in being job done for survival existence and but not for meaningful existence.

Techno and materialistic life of today gave shelter without warmth, food without taste and life without meaning.

Implications of this loneliness and loss of love in life leads to delinquent behaviour in child leading to deranged man. Hitler ~~was~~ faced abusive childhood which made him despotic ruler breeding untold seeds of intolerance manifested in dark 'Holocaust'.

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Just like poverty deprives of a person from exercising full capabilities, loneliness robs a human from being humane hindering meaningful development.

Similarly, loneliness despite being in marriage leads to breakdown of it. less of communication among spouses leads to hollow family existing in structure only not emotionally.

For society, loneliness among its member leads to unethical development like drug abuse developing demographic divided into demographic disasters. It reduces self esteem of an individual hampering overall development.

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However, loneliness is not always - a poverty, it has under positive implications.

Loneliness can be a breeding ground of creativity. Newton sat alone in a park when he thought of possibility of falling apple due to gravity.

Being locked up in small confinement of back-side of office to escape Nazis tyranny, Anne Frank felt lonely everyday being cutoff from whole world.

But that's when she realised her own potential and inspired the whole world with her positive words when she said -

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'Dead people receive more flowers than the living ones, because regret is greater than gratitude.'

Thus, shows importance of acknowledging actions of other fellow beings, support each other to uplift fallen head in despair or else regret it latter.

One way to help yourself out from loneliness is to find light within oneself that part of soul which connects one to Beahma - eternal cosmic power.

Meditation, self reflection can help one overcome low self-esteem.

Supporting family members in struggles against various problems, to let them value love,

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to show they are valued, heard
can make meaningful change in
their life. Building pure love
relationships with selfless love
towards each other just like ~~as~~
a couple of swan - who mate
for lifetime with one loyal
partner and have familial
bonds like elephants - who
always positive collectivity can
make a human life more
worthful.

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→ Most terrible poverty is loneliness and the feeling of being unloved.

Space for Rough Work

Intro - Anne Frank

Loneliness → ① deprive love
 → ② companionship
 → ③ distanced from oneself

Unloved → not valued
 → not heard
 → not treated fairly.

→ Human social being - needs forge relationship

Impacts how is it?

① aloof and distance → low self esteem.

② festival of lights with lights only.

③ Working professional living alone.

④ Nuclear family - individualism

⑤ alone even in family - FOMO social media.

robots

- * shelter not warmth.
- * food not taste.
- * nobody to ask for food.

child

Way

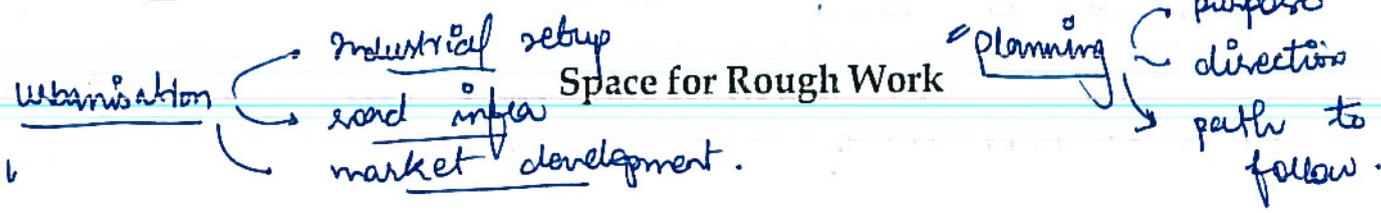
- ↳ own companions
- ↳ value family
- ↳ inspire from positive people

But loneliness is path for creativity made newton

* Anne Frank Buddha energy toward own.

* Urbanisation w/o planning is a disaster in slow motion

Intro - (INC)



* Urbanisation w/o planning disaster

- 1 Congestion traffic problems
 - 2 Environment unsustainable (Pollution)
 - 3 No resilient to tackle - flood
 - 4 sewage system. Lakshya
 - 5 High skyscrapers -> no roots
 - 6 Poverty - slum / unemployment.
 - 7 safety to women.
- Bangalore, Chennai, Mumbai, Dharavi.

8. son of soil policy (migrants) (TN)

Real urbanisation planned

Ayazmity - rich
crystal

* Islands of prosperity in poverty

underdeveloped & overdeveloped.

* Planned

- 1 cope with disaster Chandigarh.
- 2 Indore - cleanliness.
- 3 (INC)
- 4 responsive government.
- 5 Smart cities.
- 6

* urbanisation is way of life.

7 climate

* Sustainable sustainable cities - HOI ↑

edu, health. meanif. life to person.

Intro - A Riya student. hard earned money school. flood lost steps. Came back home was gone left studies & cycle of poverty.