



Dr. SUDHIR KUMAR

ANTHRO

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04th

August 2025

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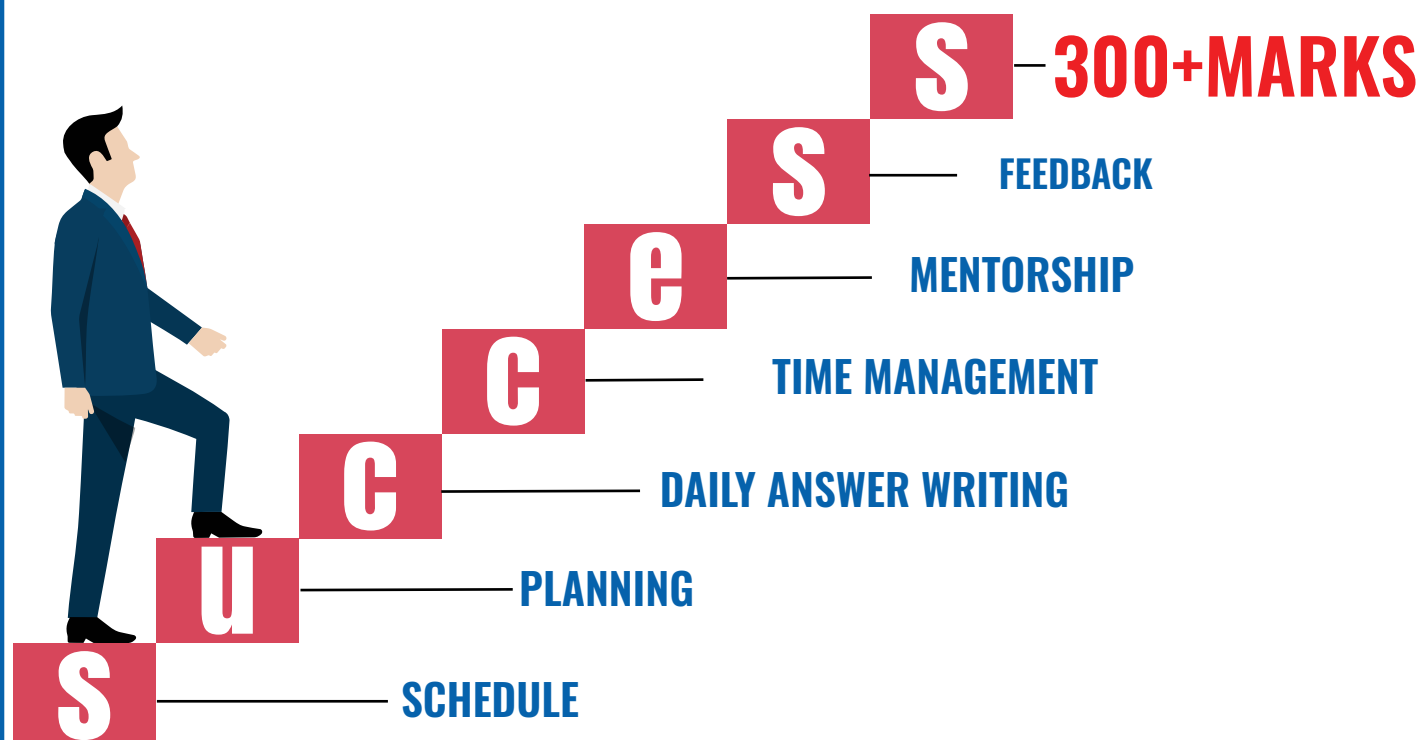
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Your everyday steps would make a mountain of difference!

DATE	DAY	Topic
4-Aug-2025	1	1.1 Meaning, Scope & Development of Anthropology 1.2 Relationship with Other Disciplines 1.3 Branches: Socio-Cultural, Biological, Archaeological, Linguistic"
5-Aug-2025	2	2.1. The Nature of Culture: The concept and Characteristics of culture and civilization; Ethnocentrism vis-a-vis cultural Relativism.
6-Aug-2025	3	2.2. The Nature of Society: Concept of Society; Society and Culture; Social Institution; Social groups; and social stratification.
7-Aug-2025	4	2.3. Marriage: Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Type of marriage (monogamy, polygamy, polyandry, group marriage). Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry).
8-Aug-2025	5	2.4. Family: Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and succession); Impact of urbanization, industrialization and feminist movements on family.
9-Aug-2025	6	REVISION
10-Aug-2025	7	REVISION
11-Aug-2025	8	2.5. Kinship: Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation; Decent and Alliance.
12-Aug-2025	9	3. Economic Organization: Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.
13-Aug-2025	10	4. Political Organization and Social Control: Band, tribe, chiefdom, kingdom and state; concept of power, authority and legitimacy; social control, law and justice in simple Societies.

DATE	DAY	Topic
14-Aug-2025	9	5. Religion: Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals;
15-Aug-2025	10	5. Religion: forms of religion in tribal and peasant Societies (animism, animatism, fetishism, naturism and totemism); religion, magic and science distinguished; magico-religious functionaries (priest, shaman, medicine man,
16-Aug-2025		REVISION
17-Aug-2025		REVISION
18-Aug-2025	11	6. Anthropological theories: (a) Classical evolutionism (Tylor, Morgan and Frazer)
		(b) Historical particularism (Boas)
		Diffusionism (British, German and American)
19-Aug-2025	12	(c) Functionalism (Malinowski)
		Structural—Functionism (Radcliffe-Brown)
20-Aug-2025	13	(d) Structuralism (Levi-Strauss and E. Leach)
21-Aug-2025	14	(e) Culture and personality (Benedict, Mead, Linton, Kardiner and Cora-du Bois)
22-Aug-2025	15	(f) Neo—evolutionism (Childe, White, Steward, Sahlins and Service)
		(g) Cultural materialism (Harris)
		(i) Cognitive theories (Tyler, Conklin)
23-Aug-2025		REVISION
24-Aug-2025		REVISION
25-Aug-2025	16	(h) Symbolic and interpretive theories (Turner, Schneider and Geertz) (j) Post-modernism in anthropology.
26-Aug-2025	17	7. Culture, Language and Communication: Nature, origin and characteristics of language; verbal and non-verbal communication; social context of language use.
27-Aug-2025	18	8. Research methods in Anthropology: (a) Fieldwork tradition in anthropology (b) Distinction between technique, method and methodology (c) Tools of data collection: observation, interview, schedules, questionnaire, case study, genealogy, life-history, oral history, secondary sources of information, participatory methods. (d) Analysis, interpretation and presentation of data.
28-Aug-2025	19	1.4. Human Evolution and emergence of Man: Biological and Cultural factors in human evolution. Theories of Organic Evolution (Pre-Darwinian, Darwinian and Post-Darwinian). Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).
29-Aug-2025	20	9.1. Human Genetics: Methods and Application: Methods for study of genetic principles in man family study (pedigree analysis, twin study, foster child, co-twin method, cytogenetic method, chromosomal and karyo-type analysis), biochemical methods, immunological methods, D.N.A. technology and recombinant technologies.
30-Aug-2025		REVISION
31-Aug-2025		REVISION
1-Sep-2025	21	9.2 Mendelian genetics in man-family study, single factor, multifactor, lethal, sub-lethal and polygenic inheritance in man.
		9.3. Concept of genetic polymorphism and selection, Mendelian population, Hardy-Weinberg law; causes and changes which bring down frequency-mutation, isolation, migration, selection, inbreeding and genetic drift. Consanguineous and non-consanguineous mating, genetic load, genetic effect of consanguineous and cousin marriages. "
2-Sep-2025	22	9.4. Chromosomes and chromosomal aberrations in man, methodology. (a) Numerical and structural aberrations (disorders). (b) Sex chromosomal aberration- Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (c) Autosomal aberrations- Down syndrome, Patau, Edward and Cri-du-chat syndromes. (d) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study.
		9.5. Race and racism, biological basis of morphological variation of non-metric and characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man."

DATE	DAY	Topic
3-Sep-2025	23	9.6 Age, sex and population variation as genetic marker: ABO, Rh blood groups, HLA Hp, transfer-ring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socio-economic groups.
4-Sep-2025	24	9.7. Concepts and methods of Ecological Anthropology: Bio-cultural Adaptations—Genetic and Non-genetic factors. Man's physiological responses to environmental stresses: hot desert, cold, high-altitude climate. 9.8. Epidemiological Anthropology: Health and disease. Infectious and non-infectious diseases, Nutritional deficiency related diseases.
5-Sep-2025	25	10. Concept of human growth and Development: Stages of growth—pre-natal, natal, infant, childhood, adolescence, maturity, senescence. — Factors affecting growth and development genetic, environmental, biochemical, nutritional, cultural and socio-economic. — Ageing and senescence. Theories and observations — biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies.
6-Sep-2025		REVISION
7-Sep-2025		REVISION
8-Sep-2025	26	11.1. Relevance of menarche, menopause and other bio events to fertility. Fertility patterns and differentials. 11.2. Demographic theories-biological, social and cultural. 11.3. Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality.
9-Sep-2025	27	12. Applications of Anthropology: Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics—Paternity diagnosis, genetic counselling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.
10-Sep-2025	28	1.5.Characteristics of Primates: Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications.
11-Sep-2025	29	1.6. Phylogenetic status, characteristics and geographical distribution of the following: Plio-preleisto-cene hominids in South and East Africa—Australopithecines. Homo erectus: Africa (Paranthropus), Europe (Homo erectus (heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis.
12-Sep-2025	30	Neanderthal man—La-chapelle-aux-saints (Classical type), Mt. Carmel (Progressive type). Rhodesian man. Homo sapiens—Cromagnon, Grimaldi and Chancelade.
13-Sep-2025		REVISION
14-Sep-2025		REVISION
15-Sep-2025	31	Paper-2 : 1.2. Palaeo—Anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada Man)
16-Sep-2025	32	Paper 2-1.8. (a) Principles of Prehistoric Archaeology. Chronology: Relative and Absolute Dating methods. Paper 2- 1.3. Ethno-archaeology in India: The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral and peasant communities including arts and crafts producing communities.
17-Sep-2025	33	Paper 1 -1.8 {b} & paper 2-1.1 Cultural Evolution—Broad Outlines of Prehistoric cultures - paleolithic
18-Sep-2025	34	Paper 1 -1.8 {b} & paper 2-1.1 Cultural Evolution—Broad Outlines of Prehistoric cultures Mesolithic Neolithic and Neolithic-Chalcolithic
19-Sep-2025	35	Chalcolithic Pre-Harappan, Harappan and post Harappan cultures. Copper-Bronze age Iron Age
20-Sep-2025		REVISION
21-Sep-2025		FULL LENGTH TEST PAPER -1

DATE	DAY	Topic
22-Sep-2025	36	2. Demographic profile of India— Ethnic and linguistic elements in the Indian population and their distribution. Indian population—factors influencing its structure and growth.
23-Sep-2025	37	3.1. The structure and nature of traditional Indian social system—Varnashram, Purushartha, Karma, Rina and Rebirth.
24-Sep-2025	38	3.2. Caste system in India— Structure and characteristics Varna and caste, Theories of origin of caste system, Dominant caste,
25-Sep-2025	39	Caste mobility, Future of caste system, Jajmani system. Tribe-case continuum.
26-Sep-2025	40	3.3. Sacred Complex and Nature-Man-Spirit Complex.
		3.4. Impact of Buddhism, Jainism, Islam and Christianity of Indian society."
27-Sep-2025		REVISION
28-Sep-2025		REVISION
29-Sep-2025	41	4. Emergence, growth and development in India— Contributions of the 18th, 19th and early 20th Century scholar-administrators.
30-Sep-2025	42	Contributions of Indian anthropologists to tribal and caste studies.
1-Oct-2025	43	5.1. Indian Village— Significance of village study in India; Indian village as a social system; Traditional and changing patterns of settlement and inter-caste relations.
2-Oct-2025	44	Agrarian relations in Indian villages; Impact of globalization on Indian villages.
3-Oct-2025	45	5.2. Linguistic and religious minorities and their social, political and economic status.
4-Oct-2025		REVISION
5-Oct-2025		REVISION
6-Oct-2025	46	5.3. Indigenous and exogenous processes of socio-cultural change in Indian society: Sanskritization, Westernization, Modernization;
7-Oct-2025	47	5.3. Inter-play of little and great traditions; Panchayati Raj and social change; Media and Social change.
8-Oct-2025	48	6.1. Tribal situation in India— Bio-genetic variability, linguistic and socio-economic characteristics of the tribal populations and their distribution.
9-Oct-2025	49	6.2. Problems of the tribal Communities— Land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, under-employment, health and nutrition
10-Oct-2025	50	6.3 Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialization on tribal populations.
11-Oct-2025		REVISION
12-Oct-2025		REVISION
13-Oct-2025	51	6.3 Developmental projects and their impact on tribal displacement and problems of rehabilitation. Development of forest policy and tribals. Impact of urbanisation and industrialization on tribal populations.
14-Oct-2025	52	7.1 Problems of exploitation and deprivation of Scheduled Castes, Scheduled Tribes and Other Backward Classes. Constitutional safeguards for Scheduled Tribes and Scheduled Castes.
15-Oct-2025	53	7.2 Social change and contemporary tribal societies: Impact of modern democratic institutions, development programmes and welfare measures on tribals and weaker sections.
16-Oct-2025	54	7.3 The concept of ethnicity
17-Oct-2025	55	Ethnic Conflicts and political developments: unrest among tribal communities
18-Oct-2025		REVISION
19-Oct-2025		REVISION
20-Oct-2025		REVISION
21-Oct-2025		REVISION
22-Oct-2025		REVISION
23-Oct-2025		REVISION
24-Oct-2025		REVISION
27-Oct-2025	56	Regionalism and demand for autonomy; Pseudo-tribalism. Social change among the tribes during colonial and post-Independent India.
28-Oct-2025	57	8.1 Impact of Hinduism, Buddhism, Christianity, Islam and other religions on tribal societies. 8.2 Tribe and nation state— a comparative study of tribal communities in India and other countries.

DATE	DAY	Topic
29-Oct-2025	58	9.1 History of administration of tribal areas, tribal policies, plans, programmes of tribal development and their implementation.
30-Oct-2025	59	The concept of PTGs (Primitive Tribal Groups), their distribution, special programmes for their development. Role of N.G.O.s in tribal development.
31-Oct-2025	60	9.2 Role of anthropology in tribal and rural development. 9.3 Contributions of anthropology to the understanding of regionalism, communalism and ethnic and political movements."
1-Nov-2025		REVISION
2-Nov-2025		FULL LENGTH TEST PAPER - 2

So, this is Your Holistic Coverage for UPSC Mains Anthropology Preparation.

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Test Number	Syllabus
1	1.1, 1.2, 1.3, 2.1, 2.2, 2.3, 2.4, 2.5, 3, 4, 5
2	6, 7, 8
3	Test 1 + Test 2
4	1.4, 1.7, 9.1, 9.2, 9.3, 9.4
5	9.5, 9.6, 9.7, 9.8, 10, 11.1, 11.2, 11.3, 12
6	1.5, 1.6, 1.2, 1.8 (a) and (b), 1.1, 1.3
7	Test 4 + Test 5 + Test 6
8	2, 3.1, 3.2, 3.3, 3.4, 4, 5.1, 5.2, 5.3
9	6.1, 6.2, 6.3, 7.1, 7.2, 7.3, 8.1, 8.2, 9.1, 9.2, 9.3
10	Test 8 + Test 9
11	Full Length Paper 1
12	Full Length Paper 2

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