

Syllabus Essentials



English

Weekly Compilation
[27th Oct - 01st Nov, 2025]





Regionalism

About:

• Regionalism is loyalty to a particular region, seeking autonomy, recognition, or development.

Types:

- Cultural: Identity-based, e.g., Tamil language demand in Tamil Nadu.
- Economic: Demand for fair development, e.g., Bihar or UP packages.
- Political: Autonomy or statehood movements, e.g., Telangana.
- Geographical: Based on physical features, e.g., Uttarakhand, Himachal Pradesh.
- Secessionist: Calls for independence, e.g., Kashmir, North-East.
- Administrative: State reorganization for better governance, e.g., Jharkhand, Chhattisgarh.





Dimensions of Development

Overview:

- Development is a multidimensional process that goes beyond economic growth.
- It aims to create conditions for people to lead long, healthy, and creative lives.

Key Dimensions:

- 1. Social Dimension:
 - Ensures access to quality education, healthcare, and equal opportunities.
 - Promotes social equity, inclusion, and gender justice.
- 2. Economic Dimension:
 - Focuses on inclusive and sustainable growth.
 - Promotes financial inclusion, agricultural progress, and quality employment.
 - Aims to improve living standards and ensure equitable distribution of wealth.
- 3. Political Dimension:
 - Ensures transparent and accountable governance.
 - Upholds the rule of law and citizen participation in policymaking.
 - Strengthens democracy and institutional integrity.
- 4. Environmental Dimension:
 - Promotes sustainable use of natural resources.
 - Balances economic growth with **ecological conservation**.
 - Encourages intergenerational equity—meeting current needs without harming the future.

Inclusive Growth:

- Ensures development benefits all sections of society.
- Reduces poverty and inequality.
- Integrates social, economic, and environmental goals for a sustainable and equitable future.





Middle Income Trap (MIT)

Definition:

- A situation where fast-growing economies stagnate at middle-income levels (~11% of U.S. GDP per capita) and fail to become high-income nations.
- Only 34 countries have escaped the trap since 1970.

India's Vulnerabilities:

- Skill Gap: Only 51% graduates employable; 2.3% formally trained.
- Low Innovation: R&D at 0.64% of GDP, below China (2.4%) & U.S. (3.47%).
- Inequality: Top 1% hold 22.6% income, risking social unrest.
- Weak Industrialization: Manufacturing below 20%; jobless growth in agriculture & services.
- Global Headwinds: Tech shifts, low-wage competition, geopolitical tensions, and rising debt (+6.4%, 2024).

Way Forward:

• Strengthen skills, innovation, manufacturing, and inclusive growth to escape the trap.





Bhakti Movement

Meaning

- The term 'Bhakti' means devotion.
- Emphasized emotional love and attachment between a devotee and a personal God.

Origin

- Began in South India (7th–10th CE) through the Alvars (Vishnu devotees) and Nayanars (Shiva devotees).
- Poems composed in **Tamil**, expressing intense personal devotion.

Spread

- It reached North India around the 10th century CE (Bhagavata Purana).
- Spread rapidly between the 15th-17th centuries CE.
- Opposed ritualism and emphasized devotion (Bhakti) as the path to salvation.

Philosophical Basis

- Bhagavad Gita mentions Bhakti-marga (path of devotion) as superior to the paths of
 - Jnana (knowledge) and Karma (action/rituals).

Reasons Behind the Movement

- Reaction to social evils and rigid caste practices.
- Spread of Islam promoting equality and monotheism.
- Emergence of reformers preaching simplicity and devotion.
- Influence of Sufi traditions of love and devotion.
- Impact of Vaishnavism and Shaivism on devotional practices.





Teachings of the Bhakti Movement

Core Teachings

- Equality:
 - Rejected caste, gender, and religious discrimination.
 - *Example:* Ramananda's disciples included people from diverse castes (weaver, cobbler, barber).

• Universal Brotherhood:

- Promoted love, compassion, and unity among all.
- Example: Kabir's Dohas preached harmony beyond religion and caste.

• Reform of Society:

- Condemned blind rituals and social evils.
- *Example:* Guru Nanak opposed caste distinctions and ritualism, emphasizing moral conduct.

• Path of Devotion (Bhakti):

• Stressed inner devotion over external rituals as the true means to attain God and salvation.





Alvars and Nayanars

About

• Tamil poet-saints who played a major role in the **Bhakti Movement in South India** (5th–10th centuries CE).

Alvars

- Devotees of Lord Vishnu.
- Expressed Bhakti (devotion) through love and emotional poetry.
- Their hymns are collected in the Divya Prabandham.
- Their literature emphasized devotion as the path to salvation, breaking away from ritual-based Vedic religion.
- Helped shape a culture centered on personal devotion and equality before God.

Nayanars

- Devotees of Lord Shiva.
- Prominent saints include **Tirugnana Sambandar (Nanachampantar)**, **Appar**, and **Sundarar (Chuntaramurtti)** collectively known as "the three."
- Their hymns were compiled by Nambi Andar Nambi in the 10th century into an anthology called the Tevaram.
- Their works are revered and their images are worshipped in South Indian temples.



Stay Tuned!