NEXTIRS

DAILY EDITORIAL ANALYSIS

TOPIC

HIDDEN COST OF POLLUTED GROUNDWATER

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HIDDEN COST OF POLLUTED GROUNDWATER

Context

Polluted groundwater poses a devastating threat to public health, agriculture, and economic stability across

Status of India's Groundwater

- According to the Annual Groundwater Quality Report (2024), India's dependence on groundwater—used by 600 million people for drinking and agriculture.
 - Over **85% of rural drinking water** and **65% of irrigation water** come from below the surface.
- The World Bank estimates environmental degradation costs India \$80 billion annually, about 6% of GDP.
- Scope of Contamination: According to the Central Ground Water Board (CGWB) 2024 Annual Report:
 - 20% of samples across 440 districts were nitrate-contaminated, primarily due to fertilizer misuse and septic tank leaks.
 - Excessive fluoride appeared in 9% of samples, causing skeletal and dental fluorosis in Rajasthan, Andhra Pradesh, and Telangana.
 - Arsenic concentrations in Punjab and Bihar exceeded WHO's 10 μg/L limit, increasing cancer risks.
 - Uranium levels above 100 ppb were detected in Punjab, Rajasthan, and Andhra Pradesh.
 - 13% of samples contained excess iron, linked to gastrointestinal and developmental disorders.

Impacts of Contaminated Groundwater

- On Agriculture & Related Activities: Nearly one-third of the country's land suffers from soil degradation, aggravated by polluted irrigation water.
 - Heavy metals and chemical residues infiltrate crops, reducing yields and income.
 - The **economic ripple effects** are alarming:
 - Farms near polluted water bodies record significant productivity losses.
 - 440 districts reported excessive nitrate levels in 2023, up from 359 in 2017—a sharp rise attributed to subsidized fertilizer use.
 - Contaminated produce threatens India's \$50-billion agricultural export sector, as global markets
 increasingly demand traceability and food safety.
 - Export rejections due to contamination have already dented India's reputation abroad.
- Health Impacts:
 - Fluoride and Fluorosis: Fluoride contamination spans 230 districts across 20 states, affecting 66 million people.
 - Districts like Sonebhadra (UP) show a 52.3% prevalence rate, far exceeding the WHO's 1.5 mg/L limit
 - Arsenic and Cancer: The Gangetic belt—West Bengal, Bihar, Uttar Pradesh, Jharkhand, and Assam—
 is the worst affected.
 - In Ballia (UP), arsenic levels reached 200 μ g/L, linked to 10,000+ cancer cases.
 - A Nature Scientific Reports (2021) study found 1 in 100 people in arsenic zones highly vulnerable to cancer.
 - Bihar's Bagpat recorded 40 mg/L, nearly 4,000 times the safe limit.
 - Nitrates and Infant Health: Over 56% of districts in India exceed safe nitrate levels.
 - Mixing baby formula with such water leads to 'blue baby syndrome', with a 28% rise in hospitalizations reported over five years.
 - Uranium and Organ Damage: In Punjab's Malwa region, uranium exceeded WHO's 30 µg/L threshold.
 - Studies show 66% of children and 44% of adults exposed face health risks, including chronic kidney damage.
 - Heavy Metals and Sewage: Lead, mercury, and chromium from industrial effluents are common in clusters like **Kanpur** and **Vapi**.



- Contaminated wells have led to cholera, dysentery, and hepatitis outbreaks.
- Fueling Social Inequality: Groundwater contamination deepens social divides, as wealthier families can shield themselves with technology and cleaner water sources, however, the rural poor remain trapped in a cycle of contamination and disease.
 - Children exposed to toxins face impaired learning, limiting their future prospects and perpetuating intergenerational poverty.

Why Does the Groundwater Crisis Persist?

- Institutional Fragmentation: Multiple agencies—CGWB, CPCB, SPCBs, Ministry of Jal Shakti—operate
 in silos.
 - Their overlapping mandates hinder coordinated action.
- Weak Enforcement: The Water (Prevention and Control of Pollution) Act, 1974, scarcely covers groundwater, leaving vast legal loopholes.
 - Polluters exploit lax compliance and poor oversight.
- Lack of Transparency and Monitoring: There is no real-time, publicly accessible data. Without early-warning systems, contamination is often discovered after severe health damage occurs.
- Over-Extraction and Pollution Concentration: Excessive groundwater pumping lowers tables, concentrating pollutants and mobilising geogenic toxins like arsenic and fluoride.

Efforts & Initiatives To Improve Quality of Groundwater

- Groundwater Recharge Structures: Structures like recharge shafts, pits, percolation ponds, and injection wells help direct surface water into the ground, improving both quantity and quality of groundwater.
- Atal Bhujal Yojana (Atal Jal): It focuses on Gram Panchayat-level water budgeting and Water Security Plans.
 - It encourages behavioral change and regular monitoring of groundwater quantity and quality.
 - It includes Disbursement Linked Indicators (DLIs) tied to monitoring and sustainable practices.
- Technological and Institutional Innovations: Elevated Electrical Conductivity (EC) can indicate
 contamination from agricultural runoff, industrial discharge, or saline intrusion.
 - A working paper by EAC-PM advocates for:
 - Institutionalizing groundwater rights;
 - Adopting smart technologies for monitoring and irrigation;
 - Reducing overreliance on groundwater for agriculture;
- Awareness Campaign: The Ministry of Jal Shakti promotes the mantra: 'Reduce, Reuse, Recharge, and Recycle' to secure water sustainability.

Other Related Initiatives

- Ground Water Assessment and Management Initiatives;
- Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS);
- 15th Finance Commission Grants for rainwater harvesting and other water conservation activities;
- **Jal Shakti Abhiyan (JSA):** Catch the Rain (2024), focusing on rainwater harvesting and water conservation across rural and urban districts;
- Atal Mission for Rejuvenation and Urban Transformation (AMRUT) 2.0;
- Bureau of Water Use Efficiency (BWUE) under the National Water Mission, 2022
- Mission Amrit Sarovar (2022);
- National Aquifer Mapping (NAQUIM) by the Central Ground Water Board (CGWB);

Way Forward: From Crisis to Action

- Establish a National Groundwater Pollution Control Framework: Empower the CGWB with statutory authority and integrate all agencies under a single, accountable framework.
- Modernize Monitoring Infrastructure: Deploy real-time sensors, remote sensing, and open-access dashboards. Integrate with public health data systems for early alerts.



- Targeted Remediation and Health Interventions: Install arsenic and fluoride removal units, expand piped water coverage, and run public awareness campaigns in high-risk areas.
- Reform Urban and Industrial Waste Management: Mandate Zero Liquid Discharge (ZLD), enforce penalties for illegal dumping, and regulate landfills and effluents.
- Promote Sustainable Agriculture: Reduce fertiliser overuse through balanced nutrient management, organic farming, and soil health programs.
- Enable Citizen-Centric Governance: Empower panchayats, local water groups, and schools to participate in testing, monitoring, and reporting contamination.
- Safeguarding Export Reputation: India needs to tighten quality checks and train farmers to protect agricultural exports, sustainable practices.
 - Food safety is not just a trade issue—it's a national security imperative.

Conclusion

- Groundwater contamination is not a marginal issue—it is a silent drain on India's economy, health, and future. Contamination is often irreversible, unlike water scarcity.
- Only bold, coordinated action can prevent this environmental crisis from becoming an irreversible national catastrophe.

Source: TH

Daily Mains Practice Question

[Q] Discuss the multifaceted impact of polluted groundwater on public health, agriculture, and the economy in India. What policy measures could mitigate them?

