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# DAILY EDITORIAL ANALYSIS

### **TOPIC**

# ADDRESSING GENDER DISPARITY IN ORGAN TRANSPLANTATION IN INDIA

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### ADDRESSING GENDER DISPARITY IN ORGAN TRANSPLANTATION IN INDIA

#### **Context**

• Recently, the **National Organ and Tissue Transplant Organization (NOTTO)** has issued an advisory that **prioritizes women patients** and relatives of deceased donors in organ transplant allocations.

#### **About Organ Transplant in India**

- India performed over 18,900 organ transplants in 2024, **ranking third globally** in total organ transplants, **behind only the United States and China.** 
  - Earlier in 2013, fewer than 5,000 transplants were performed in India.

#### **Legal and Institutional Framework**

- India's transplantation system is governed by the **Transplantation of Human Organs and Tissues Act** (THOTA), 1994 (amended in 2011), which:
  - Legalizes brain-stem death for deceased donation;
  - Prohibits commercial organ trade;
  - Regulates living and deceased donations;
  - Requires authorization for unrelated donors;
- National Organ and Tissue Transplant Organisation (NOTTO): It coordinates organ allocation, maintains a national registry, and promotes awareness.
  - MoH&FW has issued Standard Operating Procedures (SOPs) for organ transport via air, road, rail, and water.
  - 'Green Corridors' are created to expedite organ movement;
  - All transplants are tracked using a unique NOTTO-ID.
- National Organ Transplant Programme (NOTP): It establishes the State and Regional Organ Transplant Organisations (SOTTOs and ROTTOs).
  - Financial support is provided for infrastructure, training, and immunosuppressant drugs for BPL patients.
- Transplantation of Human Organs Rules, 1995: It defines procedures for donor consent, hospital registration, and composition of Authorization Committees.

#### **Challenges**

- **Gender Gap in Transplantation:** A British Medical Journal analysis found that between 2018–2023, women accounted for **36,038** of **56,509** living organ donations but were recipients in only **17,041** cases.
  - Decadal data from **NOTTO** (2013–2023) revealed that the **living Donor Transplants** (2023): Women made up **63%** of all living donors. However, women comprised only about:
    - 24% of heart transplant recipients;
    - 47% of lung recipients;
    - 37% of kidney recipients;
    - 30% of liver recipients;
    - 26% of pancreas recipients.
- **Implementation Challenges:** Current organ allocation protocols prioritize recipients solely based on medical urgency, with no provision for gender-based priority.
  - Unclear definition of 'near relatives' and whether families of cadaveric donors since 1995 are eligible.
  - Concerns over possible out-of-turn allotments amid ongoing organ trafficking cases.
- **Demand-Supply Gap:** Over 100,000 patients need kidney transplants annually, but only around 13,000 are performed.



- Deceased donor rates remain low due to cultural hesitations and lack of awareness.
- Other Concerns:
  - Infrastructure Deficiencies: Many government hospitals lack transplant ICUs, operation theatres, and HLA labs. ICU bed shortages hinder brain-dead donor maintenance.
  - **Human Resource Shortage:** Scarcity of trained transplant surgeons, nephrologists, and coordinators. Frequent transfers disrupt continuity in transplant programs.
  - **Financial Barriers:** High cost of lifelong immunosuppressants. Limited post-transplant support beyond the first year.
  - Data and Monitoring Gaps: Inconsistent reporting from hospitals. Lack of centralized tracking for donor-recipient outcomes.
  - Ethical and Legal Concerns: Instances of organ trafficking and commercial transplants still surface; Inconsistent interpretation of laws across states; Weak enforcement of penalties for violations.

#### **Tamil Nadu: A Model State**

- Tamil Nadu's Cadaver Transplant Programme (CTP), now evolved into TRANSTAN, is a national benchmark. It was the first state to:
  - Issue detailed brain death certification guidelines;
  - Build equity into organ allocation;
  - Establish a swap transplant registry and promote machine perfusion for organ preservation.

#### **Way Forward: Balancing Inclusion and Fairness**

- The core challenge lies in ensuring inclusivity without undermining medical fairness. Implementation needs to:
  - Be participatory, involving all agencies under the **Transplantation of Human Organs Act**.
  - Maintain medical need as the primary criterion for allocation.
  - Safeguard against exploitation while widening access for women and donor families.

Source: TH

#### **Mains Practice Question**

Q. Critically examine the gender disparity in organ transplantation in India. Discuss the steps to address issues of justice and equality, and related challenges.