

DAILY PT POINTERS

1st April, 2025



HEADLINES OF THE DAY



PIB/TH (Page 12): Defence



Ministry of Defence

CURTAIN RAISER: EX TIGER TRIUMPH - 25

Posted On: 31 MAR 2025 5:29PM by PIB Delhi

The **Fourth** edition of **Exercise Tiger Triumph**, the bilateral Tri-Service India-US Humanitarian Assistance and Disaster Relief (HADR) Exercise, is scheduled on the Eastern Seaboard from **01 to 13 Apr 25**. The exercise is aimed at developing interoperability for conducting HADR operations and for the formulation of Standard Operating Procedures (SOPs) to establish a Combined Coordination Center (CCC) that would enable rapid and smooth coordination between Indian and US Joint Task Forces (JTF) during exercises and crisis / contingencies.

The Indian side would be represented by Indian Naval Ships *Jalashwa*, *Gharial*, *Mumbai* and *Shakti* with integral helicopters and landing crafts embarked, Long Range Maritime Patrol Aircraft P8I, Army Troops from 91 Inf Brigade and 12 Mech Infantry Battalion, Air Force C-130 Aircraft and MI-17 Helicopters, along with the Rapid Action Medical Team (RAMT). The US side would be represented by US Navy Ships *Comstock* and *Ralph Johnson* with troops of the US Marine Division embarked.

The Harbour Phase is scheduled at Visakhapatnam from **01 to 07 Apr 25** during which an Opening Ceremony with a joint Flag Parade and Media Interaction will be held onboard INS *Jalashwa* on **01 Apr 25**. Participants from both sides would also engage in Training Visits, Subject Matter Expert Exchanges, Sports Events and Social interactions. On completion of the Harbour Phase, the ships with troops embarked, would sail for a Sea Phase and undertake Maritime, Amphibious and HADR operations

News

- The 4th edition of **Exercise Tiger Triumph**, the bilateral Tri-Service India-US Humanitarian Assistance and Disaster Relief (HADR) Exercise, has commenced at **Visakhapatnam (India)**.

Exercise Tiger Triumph

- Launched in **2019**, the exercise is aimed at developing interoperability for conducting HADR operations and for the formulation of Standard Operating Procedures (SOPs) to establish a Combined Coordination Center (CCC) that would enable rapid and smooth coordination between Indian and US Joint Task Forces (JTF) during exercises and in times of crises or contingencies.

HEADLINES OF THE DAY

PIB/AIR: Defence

Site Admin | March 30, 2025 12:43 PM



IAF To Participate In Multinational Air Exercise INIOCHOS-25 In Greece



News

- The Indian Air Force (IAF) is participating in the **Exercise INIOCHOS-25**, a prestigious multi-national air exercise hosted by **Greece's Hellenic Air Force**.

Exercise INIOCHOS

- It is a **biennial** multinational air exercise that will integrate multiple air and surface assets **from fifteen countries** under realistic combat scenarios, designed to simulate modern-day air warfare challenges.
- IAF's participation in INIOCHOS-25 reflects its commitment to global defence cooperation and operational excellence.

HEADLINES OF THE DAY



PIB : Miscellaneous

AYUSH



'Yoga for One Earth, One Health' - Theme for IDY2025: PM in 'Mann Ki Baat'

It is a matter of pride for all of us that today the curiosity about our yoga and traditional medicine is rising, all over the world: Prime Minister Shri Narendra Modi

Prime Minister appeals to everyone to include Yoga into their routine and take pride in the country's traditional wisdom for overall well being

Posted On: 30 MAR 2025 7:04PM by PIB Delhi

In his latest *Mann Ki Baat* address, the Prime Minister Shri Narendra Modi emphasized the importance of fitness in daily life and praised initiatives like the Fit India Carnival and International Yoga Day. While sharing India's vision for a healthier world population, the PM mentioned, "The theme of Yoga Day 2025 has been kept as '*Yoga for One Earth One Health*'. That is, we wish to make the whole world healthy through yoga."

Notably, the Morarji Desai National Institute of Yoga (MDNIY), a premier institute under the Ministry of Ayush, Government of India, has been entrusted with the

News

- In his latest *Mann Ki Baat* address, Prime Minister Narendra Modi announced "Yoga for One Earth, One Health" as the theme of this year's International Day of Yoga.

International Day of Yoga

- On India's insistence, the UN General Assembly (UNGA) proclaimed 21st June as the International Day of Yoga (IDY) in a resolution adopted in December 2014 during the 69th session. It was first celebrated in 2015.
- The date of 21 June was chosen as it is the **Summer Solstice** in the Northern Hemisphere and shares a special significance in many parts of the world.

HEADLINES OF THE DAY

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☰ Search

THE  HINDU

El Nino ruled out during monsoon this year: IMD

Before the monsoons kick in, however, India will be reeling in 'above normal' temperatures during the summer months; there could be more heatwave days this year, says the IMD

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 JACOB KOSHY

 

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News

- The India Meteorological Department (IMD) has “ruled out” the possibility of an El Nino in the coming southwest monsoon season this year.

About

- An El Nino, characterised by a warming of the central equatorial Pacific Ocean, is frequently associated with reduced monsoon rainfall in India.
- In 2023, which was an El Nino year, the monsoon season saw a 6% deficit.
- Before the monsoons kick in, however, India will be reeling in 'above normal' temperatures during the summer months; there could be more heatwave days this year.

HEADLINES OF THE DAY

TH (Page 8): IR



News

- International observers have raised concerns about escalating tensions in the Arctic, warning that if left unchecked, they could eventually spark conflict in the region.

About

- The Arctic, the northernmost area of the planet, has remained largely isolated for centuries. However, as climate change accelerates the melting of ice caps, new strategic opportunities are emerging for global powers.
- Interest in the Arctic also surged following a **2009 U.S. Geological Survey report** estimating that the region holds 13% of the world's undiscovered oil reserves and 30% of its untapped natural gas reserves.

Arctic Council

- The various islands and coastal areas in the Arctic are controlled by eight countries — Canada, Denmark (through **Greenland**), Finland, Iceland, Norway, Russia, Sweden, and the U.S. Together, these nations form the Arctic Council, an international body tasked with protecting the environment, conducting scientific research, and safeguarding the interests of indigenous peoples in the region.

HEADLINES OF THE DAY

IE (Page 11): IR

News / Explained / Explained Global / Trump says he's 'not joking' about a third term. But can he run again?

Premium

Trump says he's 'not joking' about a third term. But can he run again?

The Constitution of the United States bars the President from serving a third term



News

- US President Donald Trump has recently said that he is looking to breach the [two-term limit](#) for American Presidents that has been enshrined in the US Constitution for almost seven-and-a-half decades.

A constitutional limit

- The 22nd Amendment of the US Constitution states: “No person shall be elected to the office of the President more than twice”.
- The 22nd Amendment, ratified in 1951, was brought in after President Franklin D Roosevelt (FDR) won four consecutive presidential elections in 1932, 1936, 1940, and 1944.
- A Constitution amendment requires two-thirds votes from both the Senate and the House of Representatives, as well as from three-quarters of the country's state governments. The Republicans lack all three.